

Yorktown Wrestling Club 2023-2024

Frequent New-Parent Questions

---Dual Team Questions---

Q1: What are the weight classes for the Elementary Dual Team?

A: Elementary Dual Team weights are set by the Indiana State Wrestling Association (ISWA) and are as follows:

- 43, 49, 54, 59, 63, 68, 73, 78, 84, 90, 98, 105, 115, 130, HWT (up to 175)

Q2: Are there age limits for an Elementary Dual Team?

A: Wrestlers must be born in 2009 or after and in Pre-K through 6th grade.

Q3: What is a Dual Meet?

A: A Dual Meet is when one team competes against another team in each weight class. Each team will provide one (1) wrestler per weight class. Teams may schedule multiple Dual Meets on the same day. Teams may schedule exhibition matches before or after each Dual Meet is held.

Q4: What is a “wrestle-off” or a “challenge match”

A: Coaches commonly determine the #1 wrestler for each weight class by holding a “wrestle-off” between all or some of the wrestlers who occupy the same weight class. Coaches will generally set their Dual Meet roster based on the outcome of the “wrestle-offs”. Coaches may also hold additional “wrestle-offs” throughout the season so that reserve wrestlers may challenge the #1 wrestler for a roster spot.

Q5: How can my wrestler get more matches?

A: The Club is scheduled to attend several Open and Beginners tournaments in January and February. Tournaments are open to any wrestler in possession of a USA Wrestling card and is the perfect opportunity to get a lot of matches. The Club purposefully designs the schedule to attend tournaments in the latter half of the year so that new wrestlers who did not fully participate in the Dual Meets can get several weeks of practice before competing in tournaments.

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Q6: What is a “friendly” or a “PWL”?

A: A “friendly” is an informal event designed to get your wrestler several matches in a short period of time. Organizers will establish weight ranges, e.g., 51-55 lbs., 56-60 lbs., etc., and wrestlers will take it upon themselves to match up with other wrestlers in their weight range and compete in a full, 3-period match. At the completion of the match, the wrestlers get back in line and pair up with a different wrestler. Expect to get several matches in 60-90 minutes. PWL stands for Pioneer Wrestling League. The PWL was established by several local wrestling clubs for the purpose of attending each other’s “friendlies”.

Q7: How do teams score points in a Dual Match?

A: The team will be awarded the following points

- 6 team points - Fall (pin)
- 5 team points - Technical Superiority (tech fall). The referee will stop the match when a wrestler leads by 15 points or more and is not successful in pinning his opponent
- 4 team points - Major Decision (winner by 8-14 points)
- 3 team points - Decision (winner by 1-7 points)
- Winners by Forfeit, Disqualification, or Injury Default will receive 6 team points

Q8: What equipment is required for competition?

- Headgear is mandatory for all 14U and younger age divisions
- Mouthguards are recommended during competition, however any wrestler with braces must wear a mouthguard
- Singlets will be provided by the Club prior to each competition. The Club will collect the singlets at the conclusion of each competition for washing

---Tournament Questions---

Q9: What is the difference between a Dual Meet and a Tournament?

A: In tournament wrestling, individual wrestlers advance through the championship bracket until the wrestler is defeated or takes 1st place. One (1) defeat will place the wrestler into the consolation bracket. Wrestle-backs through the consolation bracket will determine a wrestler’s final placement for the tournament.

Q10: What is the difference between a “Beginners” tournament and an “Open” tournament?

A: Beginners tournaments are held for wrestlers with 0-2 years of experience. Open tournaments are held for all levels of experience, including beginners.

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Q11: Do tournaments have age divisions?

- 6U (Pee Wee) Born 2018-2019
- 8U (Bantam) Born 2016-2017
- 10U (Intermediate) Born 2014-2015
- 12U (Novice) Born 2012-2013
- 14U (Schoolboy/girl) Born 2010-2011
- 16U (Cadet) Born 2008-2009
- USA Junior Born 9/1/2004 or after and are enrolled and attend grade 9-12

Each age division has different weight classes and may differ from the Dual Team weight classes! Please visit the ISWA website for a complete list of age divisions, weight classes, and match time limits. <https://www.iswa.com/weightclassagedivision>

Q12: Why do some tournaments combine weight classes?

A: If turnout is low for a certain weight class, the Pairing Official may combine weight classes in an effort to get your wrestler more matches. Ideally a weight class would have at least 3 wrestlers when possible.

Q13: Are there any limitations when Pairing Officials combine weight classes.

A: Yes. 6U/Pee-Wee, 8U/Bantam, 10U/Intermediate, 12U/Novice and 14U/ Schoolboy wrestlers CANNOT move up an age division. 16U/Cadet age division wrestlers who are in high school may move up to the Junior age division. Wrestlers may only move up 1 weight class.

Q14: What is a satellite weigh-in?

A: Tournament Directors may elect to accept satellite weigh-ins in lieu of hosting on-site weigh-ins. The club may ask your wrestler to weigh-in after practice to record his/her weight for an upcoming event. Only authorized club administrators may submit satellite weigh-ins.

Q15: How can I register for a tournament?

A: Please create a profile for your wrestler at TrackWrestling.com

- Click on “Events”
- Click on “Search Events” on a laptop or “Functions” on a mobile device
- Search Events by State and select Indiana
- Select the desired tournament and click “Registration”
- If you have already created a profile for your wrestler, you can simply select your wrestler from the “My Members” list and complete the registration
- Most tournaments have a \$20 registration fee

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Q16: What else can I do on TrackWrestling.com?

- Your wrestler's TrackWrestling profile will keep track of your wrestler's record, significant wins, and tournament placements
- You can look up competitor's records, significant wins, and tournament placements
- You may elect to receive the following notifications during tournaments
 - Your wrestler's mat assignments
 - Teammate's mat assignments
 - Match results